



2020 Health Screenings

Free health screenings are available to the community on a drop-in basis. Screening tests are offered on a rotating basis: cholesterol, glucose, and blood pressure.

Health screenings are made possible by a generous contribution from Chevron.

Mission YMCA 4080 Mission Street 2nd & 4th Fridays 10 – 12 pm		Stonestown Family YMCA 3150 20th Avenue (Senior Annex) 2nd Friday 9:45 – 11:45 am		Mission Neighborhood Centers 362 Capp Street 1st & 3rd Fridays 10 – 12 pm	
January 10	Cholesterol	January 10	Blood Pressure	January 3	Cholesterol
January 24	Glucose	February 14	Cholesterol	January 17	Glucose
February 14	Blood Pressure	March 13	Glucose	February 7	Blood Pressure
February 28	Cholesterol	April 10	Blood Pressure	February 21	Cholesterol
March 13	Glucose	May 8	Cholesterol	March 6	Glucose
March 27	Blood Pressure	June 12	Glucose	March 20	Blood Pressure
April 10	Cholesterol			April 3	Cholesterol
April 24	Glucose			April 17	Glucose
May 8	Blood Pressure			May 1	Blood Pressure
May 22	Cholesterol			May 15	Cholesterol
June 12	Glucose			June 5	Glucose
June 26	Blood Pressure			June 19	Blood Pressure

Professional Building 2100 Webster Street, Lobby 1st & 3rd Wednesdays 2 – 4 pm		Chinatown YMCA 855 Sacramento Street 1st & 3rd Fridays 10 – 12 pm	
January 1	No Screening	January 3	Glucose
January 15	Cholesterol	January 17	Blood Pressure
February 5	Glucose	February 7	Cholesterol
February 19	Blood Pressure	February 21	Glucose
March 4	Cholesterol	March 6	Blood Pressure
March 18	Glucose	March 20	Cholesterol
April 1	Blood Pressure	April 3	Glucose
April 15	Cholesterol	April 17	Blood Pressure
May 6	Glucose	May 1	Cholesterol
May 20	Blood Pressure	May 15	Glucose
June 3	Cholesterol	June 5	Blood Pressure
June 17	Glucose	June 19	Cholesterol

For more information, please call 415-923-3155. Screenings are subject to change without notice.