



2020 Health Screenings

Free health screenings are available to the community on a drop-in basis. Screening tests are offered on a rotating basis: cholesterol, glucose, and blood pressure. Please note, CHRC no longer offers BMI screenings.

Health screenings are made possible by a generous contribution from Chevron.

Mission YMCA 4080 Mission Street 2nd & 4th Fridays 10 – 12 pm		Stonestown Family YMCA 3150 20th Avenue (Senior Annex) 2nd Friday 9:45 – 11:45 am		Mission Neighborhood Centers 362 Capp Street 1st & 3rd Fridays 10 – 12 pm	
July 10	Cholesterol	July 10	Blood Pressure	July 3	No Screening
July 24	Glucose	August 14	Cholesterol	July 17	Glucose
August 14	Blood Pressure	September 11	Glucose	August 7	Blood Pressure
August 28	Cholesterol	October 9	Blood Pressure	August 21	Cholesterol
September 11	Glucose	November 13	Cholesterol	September 4	Glucose
September 25	Blood Pressure	December 11	Glucose	September 18	Blood Pressure
October 9	Cholesterol			October 2	Cholesterol
October 23	Glucose			October 16	Glucose
November 13	Blood Pressure			November 6	Blood Pressure
November 27	No Screening			November 20	Cholesterol
December 11	Glucose			December 4	Glucose
December 25	No Screening			December 18	Blood Pressure

Professional Building 2100 Webster Street, Lobby 1st & 3rd Wednesdays 2 – 4 pm		Chinatown YMCA 855 Sacramento Street 1st & 3rd Fridays 10 – 12 pm	
July 1	Blood Pressure	July 3	No Screening
July 15	Cholesterol	July 17	Blood Pressure
August 5	Glucose	August 7	Cholesterol
August 19	Blood Pressure	August 21	Glucose
September 2	Cholesterol	September 4	No Screening (?)
September 16	Glucose	September 18	Cholesterol
October 7	Blood Pressure	October 2	Glucose
October 21	Cholesterol	October 16	Blood Pressure
November 4	Glucose	November 6	Cholesterol
November 18	Blood Pressure	November 20	Glucose
December 2	Cholesterol	December 4	Blood Pressure
December 16	Glucose	December 18	Cholesterol

For more information, please call 415-923-3155. Screenings are subject to change without notice.