

COVID-19 SUPPORT GROUP



Open to All, No cost to attend

This support group is meant to provide a safe and sympathetic space for anyone affected by the COVID-19 pandemic. If the outbreak or social distancing has affected your emotional wellbeing or mental health, join us.

About the facilitator-

Scott Plymale, LCSW, PhD is a licensed clinical social worker who has worked in the healthcare field throughout the Bay Area for over 15 years, providing both direct care services, as well as supporting organizational development. Dr. Plymale is currently Community Health Resource Center's Executive Director. He oversees a team of social workers as well as registered dietitians.

Let's get through this together.

Weekly on Mondays at 2 P.M.

Visit zoom.us/join and enter ID 949-368-615

We will accept the first 10 registrants each weekly.



COMMUNITY HEALTH RESOURCE CENTER

2100 Webster Street, Suite 100 | San Francisco, CA

415-923-3155 | cpmchrc@sutterhealth.org | chrssf.org