



2333 Buchanan Street Suite 1090
San Francisco, CA 94115
415-923-3155

Accepted Insurances and Sliding Scale Information

Nutrition Counseling:

HMO plans: Brown & Toland and NEMS cover the cost of nutrition appointments for individuals who have an HMO insurance plan with their medical groups. We can arrange for the referral.

PPO, EPO and other plans: The appointment fee is according to the sliding scale below.

Blue Shield of California: There may be a copay for the nutrition counseling for Blue Shield of California coverages. Co-pay amount will be assessed after the claim has been submitted and charges applied. The copay will be collected once the amount is known.

Mental/Behavioral Health Counseling:

Qualifying mental health services are covered for those with Medicare Part B as their primary insurance and selected other insurance providers.

Otherwise, the appointment fee is according to the sliding scale below.

Sliding Scale Information:

We are a non-profit organization, and our fees are set using this sliding scale so that we may provide services to a wide range of people. The sliding scale is based on gross yearly household income and includes all sources of income, whether from individual and spouse/partner wages, Social Security, investments, pension, retirement plan income, unemployment, disability, etc.

Gross Yearly Household Income		
Yearly income range	Monthly income range	Fee
200,000+	16,666+	\$180
150,000 – 200,000	12,500 – 16,666	\$160
100,000 – 150,000	8,333 – 12,499	\$140
80,000 – 100,000	6,666 – 8,333	\$100
50,000 – 80,000	4,166 – 6,666	\$65
0 – 50,000	0 – 4,166	\$45

Financial Aid:

A limited amount of financial aid may be available after the initial assessment for those in need of a reduced fee.